

## Assessing & Managing Suicide Risk

# AMSR-Direct Care Outpatient Training

- 4-hour training specific for staff who hold a high school diploma, an associate degree or bachelor's degree.
- Limited to 30 participants; sign up with Brainier (look for AMSR Outpatient)

### DATES:

**December 12, 2024- 8:30-12:30PM @ KRESA**

**February 4, 2025- 8:30-12:30PM @ ISK 418 Building- Conf Room A**

**May 15, 2025- 1-5PM @ ISK 418 Building- Conf Room A**

**August 20, 2025- 1-5PM @ ISK 418 Building- Conf Room A**

**November 14, 2025- 8:30-12:30PM @ ISK 418 Building- Conf Room A**

### ABOUT:

AMSR-Direct Care Outpatient training provides participants with the knowledge and skills they need to address suicide risk and behaviors in the outpatient setting.

**Goal:** To help Direct Care Staff in an Outpatient Setting develop skills in the recognition, assessment and management of suicide risk and the delivery of effective suicide-specific interventions for youth and adults Training will utilize youth & adult case examples, video demonstrations & youth/adult population role play opportunities. Training manual provides examples, statistics & links to research/resources for further examination specific to youth and adults.

**Who Should Attend:** Direct Care professionals: Case Managers, Community Health Workers, LPN's, RN's, Program Admin Assistants, Direct Care Specialists, Peers, Family Support Partners...



## Approach

**The AMSR approach to training is person-first.**

Healthcare providers face many challenges when working with patients at risk of suicide. Some patients may not disclose their thoughts of suicide, and if they do, often the health care provider must make judgment calls about unpredictable outcomes, often with insufficient or contradictory information.

AMSR's research-informed risk formulation model helps health and behavioral health professionals feel confident navigating challenging conversations and offers key strategies for providing compassionate care to people at risk for suicide.

Participants will have the opportunity to increase their knowledge and apply practical skills in the five areas of AMSR competency.

### AMSR Risk Formulation

AMSR training provides participants with the knowledge and skills they need to address suicide risk and behaviors.

Participants will have the opportunity to increase their knowledge and apply practical skills in each of the twenty-four core competencies of effective suicide treatment.

The AMSR risk formulation groups these competencies into five teachable areas.

1. Approaching Your Work

2. Understanding Suicide

3. Planning and Responding

4. Formulating Risk

5. Gathering Information

\*\*\*AMSR training meets annual requirement for Suicide Prevention & Assessment training\*\*\*