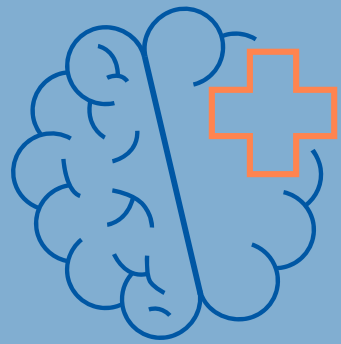




BEHAVIORAL HEALTH Urgent Care & Access Center

Seeking help is a sign of strength. You're not alone.



What is Behavioral Health Urgent Care?*

The Behavioral Health Urgent Care & Access Center at Integrated Services of Kalamazoo (ISK) provides specialized help to individuals experiencing a non-medical behavioral health crisis.

We're available to offer prompt, professional, caring support in a safe environment for people struggling with mental health challenges, substance use disorders, and/or intellectual/developmental disabilities.



What We Offer:

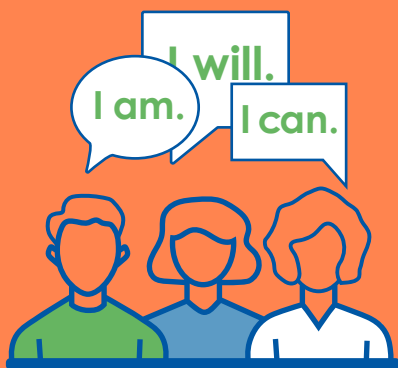
- Crisis stabilization
- Safety planning
- Screening for services
- Referrals to providers for treatment
- Connections to community resources
- Compassionate listening

How to Get Help:

- You can walk into ISK's Urgent Care Center any time at 440 W. Kalamazoo Ave., Kalamazoo, MI, 49007. No appointment is needed, and you don't need to call first.
- If you're unsure whether the Urgent Care is appropriate for your situation, give us a call.



- If you have any of the following, please bring it with you: identification, insurance card, guardian (if applicable)
- If you see someone experiencing a behavioral health crisis, you can offer them our contact information or call us!



Who is Eligible?

We welcome anyone struggling with an urgent behavioral health problem. We serve people of all ages and incomes, with or without insurance coverage. If you or someone you know is in crisis, come in or call 269-373-6000.

We Can Address:



- Mental health crises
- Suicidal thoughts
- Problems with substance use
- Depression, anxiety
- Acute grief reactions

- Trouble managing daily activities due to mental health or substance use
- Panic attacks, severe emotional distress
- Thinking of harming yourself or others



269-373-6000



www.iskzoo.org



440 W. Kalamazoo Ave.
Kalamazoo, MI, 49007

***NOTE:** We are not a medical healthcare facility. If you need medical intervention for something like an overdose, detox or withdrawal symptoms, stroke, chest pain, cuts/bleeding, etc., call 911 or go to the nearest emergency room. We are unable to prescribe medications or refills.