

# Evolution of Michigan's Public Mental Health System

*Jeff Patton*

Chief Executive Officer  
Integrated Services of Kalamazoo



# Michigan Department of Health and Human Services Subcommittee Hearing on Mental Health 2024 Budget

Christine Morse  
State Representative  
{40<sup>th</sup> House District}

*Chair*

*Testimonial on Wednesday, March 15, 2023*

# Evolution of Michigan's Public Mental Health System

- ▶ Estimates and Unmet Needs of Adults with Serious Mental Illnesses, Children and Youth with Serious Emotional Disturbances.
- ▶ Overall Access to Behavioral Health Care in Michigan
- ▶ Evolution of Michigan's Public Mental Health System
- ▶ The Institutional Era
- ▶ Momentum Towards Change, including President John F. Kennedy signing of the 1963 Community Mental Health Centers Act
- ▶ April 1963 when the Michigan Legislature passed Public Act 54, which created county-sponsored Community Mental Health Services Program (CMHSPs)

# Evolution of Michigan's Public Mental Health System

- ▶ The establishment of federal community mental health center grants and Michigan's funding support for community mental health services programs.
- ▶ Momentum for change spurred on by the notion that some individuals with serious mental illnesses might require episodic care during acute phases of illness, but these individuals could be released back into the community and local aftercare programs as soon as their condition stabilized, and acute symptoms had receded.
- ▶ The shift to community-based care when the Michigan legislature passed Public Act 258 in 1971. This statute—properly known as the Mental Health Code—was the tipping point in the conversion from an institutional care system to a community-based treatment and support model.



# The Evolution of Michigan's Public Mental Health System

## Accelerating Change and New Directions: 1991 to 1996

### Michigan Mental Health Code

To this end, the department shall have the general powers and duties to do all the following;...

- ▶ (b) Administer the provision of chapter 2 so as to promote and maintain an adequate and appropriate system of community mental health services programs throughout the state. In the administration of chapter 2, it shall be the objective of the department to shift primary responsibility for the direct delivery of public mental health services from the state to a community mental health services program whenever the community mental health services program has demonstrated a willingness and capacity to provide an adequate and appropriate system of mental health services for the citizens of that service area.

# The Evolution of Michigan's Public Mental Health System

## The Institutional Era

- ▶ By the mid-1950s, there were more than 559,000 individuals in publicly operated psychiatric hospitals across the United States.
- ▶ In that same period, over 20,000 Michigan residents with mental illnesses were residing in state or county-operated psychiatric facilities.

# Evolution of Michigan's Public Mental Health System

- ❑ Change was rapidly accelerated more along with new directions between 1991 and 2002, when the state closed seven state psychiatric hospitals for adults with serious mental illnesses, and five psychiatric hospitals for children with serious emotional disturbances.
- ❑ This was followed later with the closure of all state operated Centers for Persons with Intellectual or Developmental Disabilities.

# Evolution of Michigan's Public Mental Health System

- ❑ In 1998, Michigan was among the first state in the country to establish the Managed Medicaid Mental Health and Substance Abuse Specialty Supports and Services Program.
- ❑ Michigan was the first state to combine specialty services for persons with intellectual or developmental disabilities into its Medicaid managed Care Plan.



Is the Mental  
Health System  
Broken?

No!

The Mental  
Health System  
has Unlimited  
Need with  
Limited  
Resources!





# Mental Health Commissions “The Mental Health System is Broken”

The various Mental Health Commissions all speak about the need to transform the public mental health system, but never put forward any ideas for solving the problem of unlimited need and limited resources.

None of the Commissions recommended increased funding for the public mental health system.



# Transformation

What Does Transformation  
Really Mean?

# Transformation

What is the main focus and purpose of the county-sponsored Community Mental Health Services Programs (CMHSPs) in Michigan?

- ▶ CMHSPs are not simply providers of mental health services, they are also managers of public policy articulated in statutes, rules, decisions, directives, guidelines, statements, practice models, etc. But, more importantly, they are charged with implementing (and balancing) significant, sensitive and sometimes conflicting elements of public policy.

## What is the main focus and purpose of the county-sponsored Community Mental Health Services Programs (CMHSPs) in Michigan?

- ✓ CMHSPs should be regarded as champions of freedom and justice.
- ✓ The most significant public policy development of the past 40 years has been the effort to eliminate unjustified and unnecessary segregation, isolation and confinement of disabled individuals.
- ✓ The affirmative obligation on publicly-funded programs to promote community integration and inclusion of disabled individuals has been accentuated over the last several years by the Supreme Court's Olmstead decision.

Transformation



# MDHHS

Michigan Department of Health & Human Services

March 7, 2023

## Fiscal Year 2024 Budget Presentation to the Michigan Legislature

- ▶ In FY22, those receiving services included:
  - 166,000 adults.
  - 71,000 children.
  - 62,500 adults and children in Certified Behavioral Health Clinics.
  - 1,600 adults and children in Behavioral Health Homes.



# MDHHS

Michigan Department of Health & Human  
Services

March 7, 2023

Fiscal Year 2024 Budget Presentation  
to the Michigan Legislature

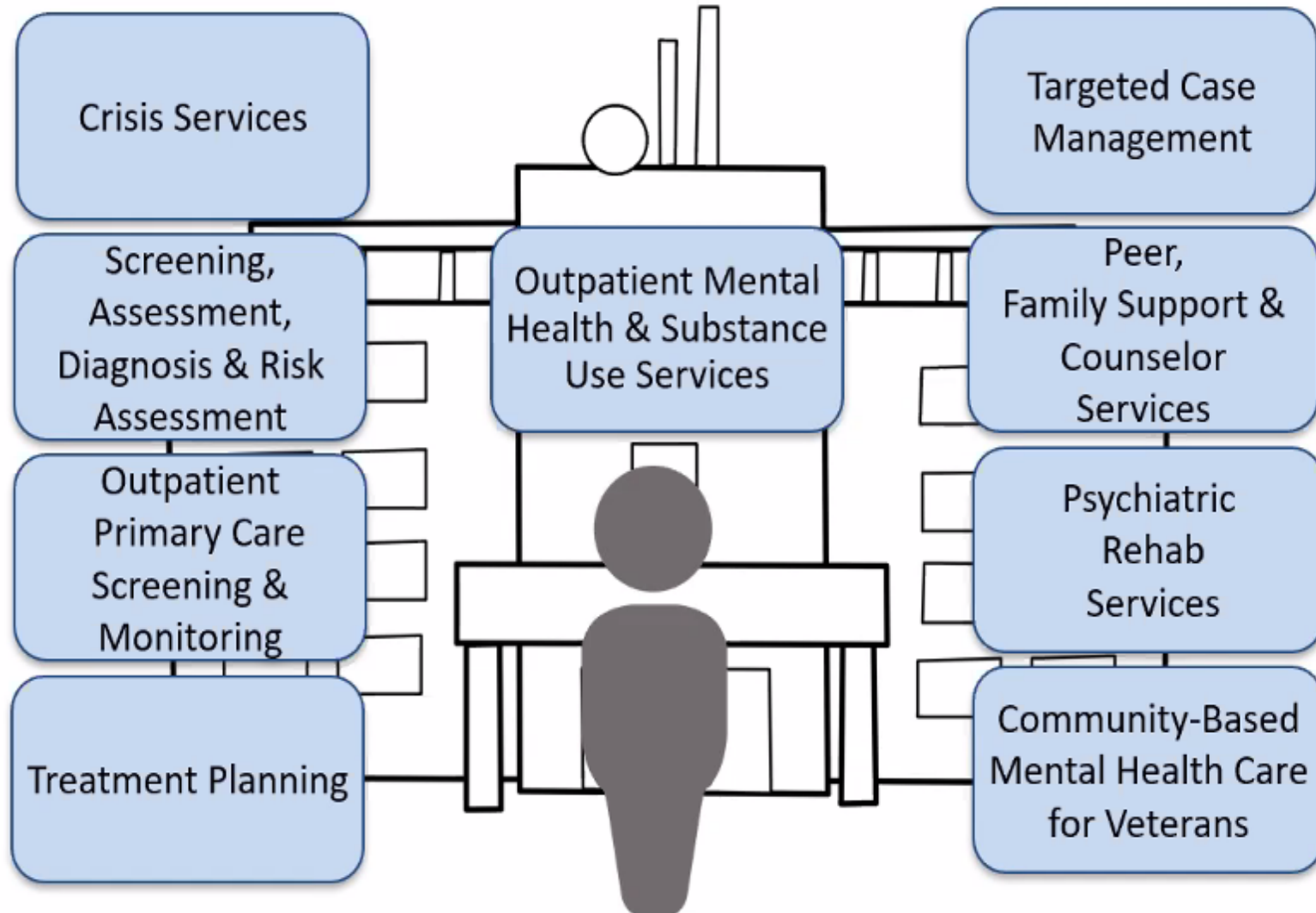
- ▶ Opioid Health Homes
- ▶ Substance Use Disorder Health Homes
- ▶ Behavioral Health Homes
- ▶ Certified Community Behavioral Health Clinics

Certified Community Behavioral Health Clinic  
Services for Persons  
with Any Mental Health Diagnosis



Community • Independence • Empowerment

## Nine Required Services



# Change in Funding

Capitated  
Payment/ Medicaid  
Eligible in  
Kalamazoo County



PPS-1 Payment  
Per day of eligible  
CCBHC Service



# 13 Thirteen Certified Community Behavioral Health Clinics in Michigan

Community Mental health Authority of Clinton, Eaton, and Ingham Counties

Community Network Services

Easter Seals of Michigan, Inc.

Healthwest

Integrated Services of Kalamazoo

Macomb County Community Mental Health

Right Door for Hope, Wellness, and Recovery

Saginaw County Community Mental Health Authority

St. Clair County Community Mental Health

Community Mental Health Services of St. Joseph County

The Guidance Center

Washtenaw County Community Mental Health

West Michigan Community Mental Health

# Frontline Prescription for Meeting Unlimited Need with Limited Resources

## Questions

