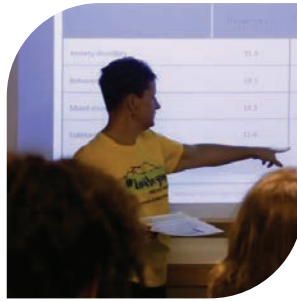




Mental Health FIRST AID

from NATIONAL COUNCIL FOR MENTAL WELLBEING

at Integrated Services of Kalamazoo



REQUEST FOR TRAINING

Mental Health First Aid (MHFA) is the help offered to a person who may be developing a mental health challenge or in crisis. The help is given until appropriate professional treatment is received or the crisis resolves. It is designed to give members of the public key skills necessary to appropriately respond to signs of mental illness. MHFA is an evidence-based program. In the next ten years, it is the hope of the National Council for Behavioral Health that MHFA will become as common as CPR and First Aid training.

Course Being Requested:

MHFA for Youth

MHFA for Adults

MHFA for Higher Education

MHFA for Veterans, Military Members, and Their Families

Training Format Being Requested:

1 Day In-person = 8 hrs/Day

2 Days In-person = 4 hrs/Day

Virtual Class = 6.5 hrs Instruction/2 hrs Online Learning

Blended = 6.5 hrs In-person/2 hrs Online Learning

Contact Person Information:

Name: _____ Organization _____

Phone: _____ Email: _____

Training Information:

Group/Audience Description: _____

Total Anticipated Number of Persons to be Trained: _____

Potential Date(s) Being Requested: _____

Preferred Location of Training: _____

Equipment: Will projector(s) and screen(s), be available? Yes No

ACCOMMODATIONS: We want everyone to be able to fully participate in training. We can arrange for wheelchair access, visual or hearing assistance, etc. To ensure we can meet your needs, please contact Julie Helmer at least two weeks before the training at jhelmer@iskzoo.org or (269) 364-6950.

For more information, please call (269) 364-6950

Please save or scan form and send it to jhelmer@iskzoo.org or fax it to (269)364-6954

OFFICE ONLY

Date Received: _____

Assigned: _____

Date Reviewed: _____

Reviewer: _____

