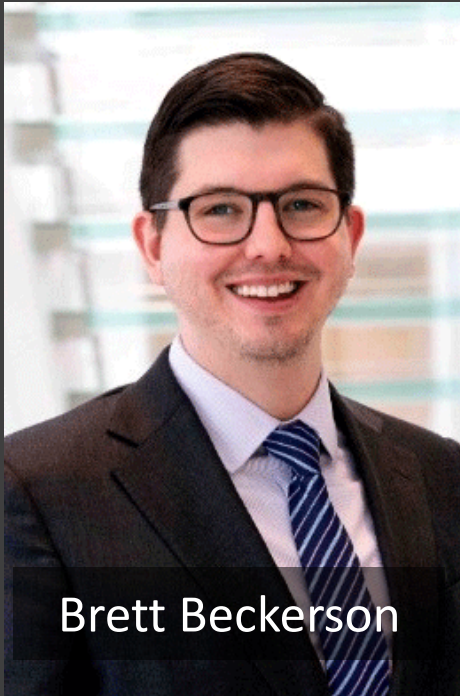


Certified Community Behavioral Health Clinics

Overview for the Launch of the
Michigan CCBHC Demonstration

September 20, 2021

CCBHC SUCCESS CENTER



Brett Beckerson



Jeff Capobianco

CCBHC
Presenters

NATIONAL
COUNCIL
*for Mental
Wellbeing*



CCBHCs: Supporting the Clinical Model with Effective Financing

Standard definition	➡	Raises the bar for service delivery
Evidence-based care	➡	Guarantees the most effective clinical care for consumers and families
Quality reporting	➡	Ensures accountability
Prospective payment system	➡	Covers anticipated CCBHC costs

NATIONAL
COUNCIL
*for Mental
Wellbeing*

What Goes into Being a CCBHC?

CCBHC Criteria

- Organizational Authority
- Staffing
- Access to Care
- Scope of Services
- Care Coordination
- Quality Reporting

CCBHC Payment

- Cost-related Medicaid reimbursement rate (demonstration participants)

OR

- Grant funds: \$2 million/year for 2 years (expansion grantees)

Note: This presentation contains a summary of selected CCBHC certification criteria. To view the full criteria:
https://www.samhsa.gov/sites/default/files/programs_campaigns/ccbhc-criteria.pdf

NATIONAL
COUNCIL
for Mental
Wellbeing

CCBHCs Provide a Financial Foundation to...

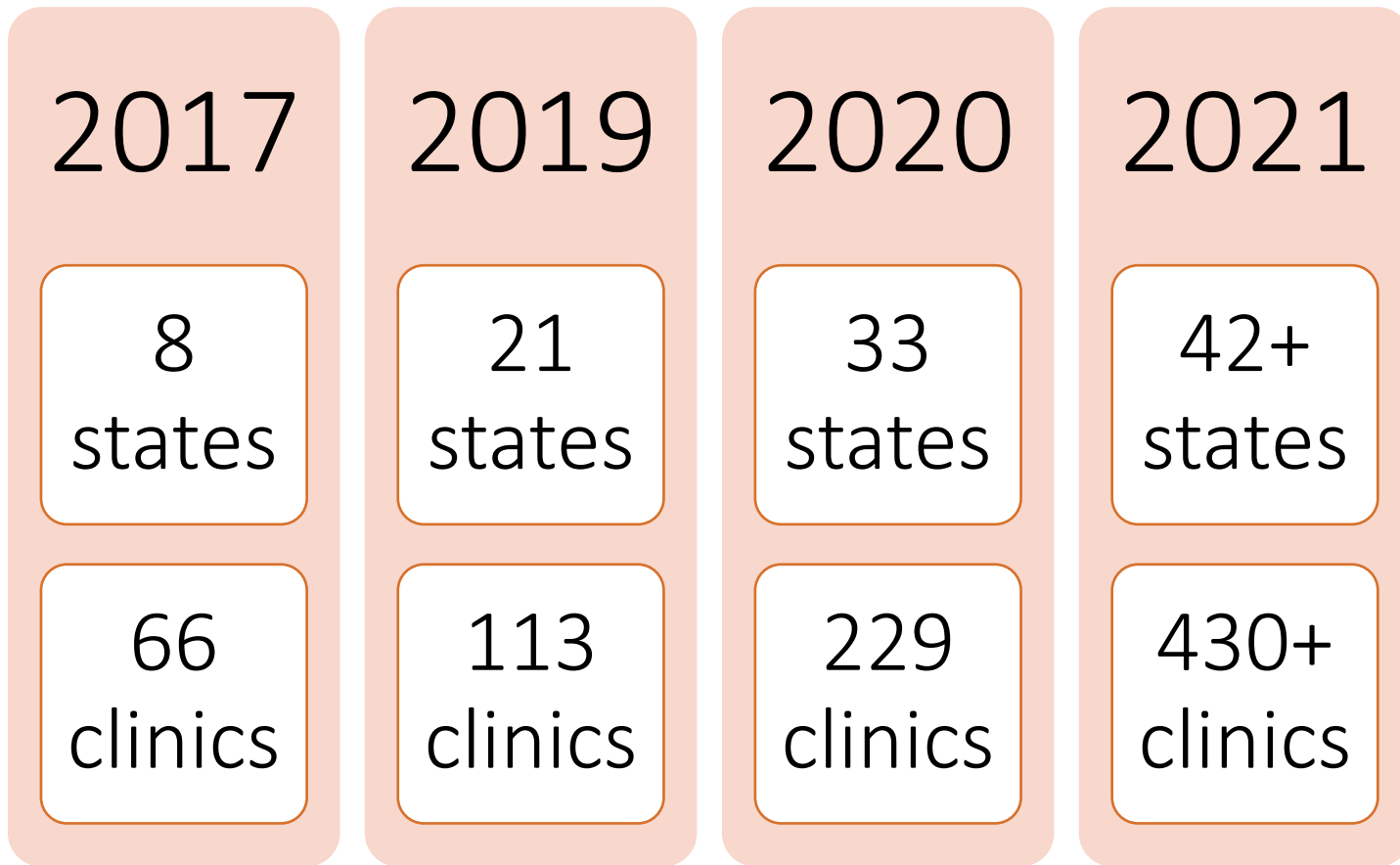
Participate in value-based payment

- Data infrastructure
- Electronic health records and health information exchanges
- Assertive care coordination
- Population health management
- Sophisticated management of clinic finances

Alleviate the crisis in access

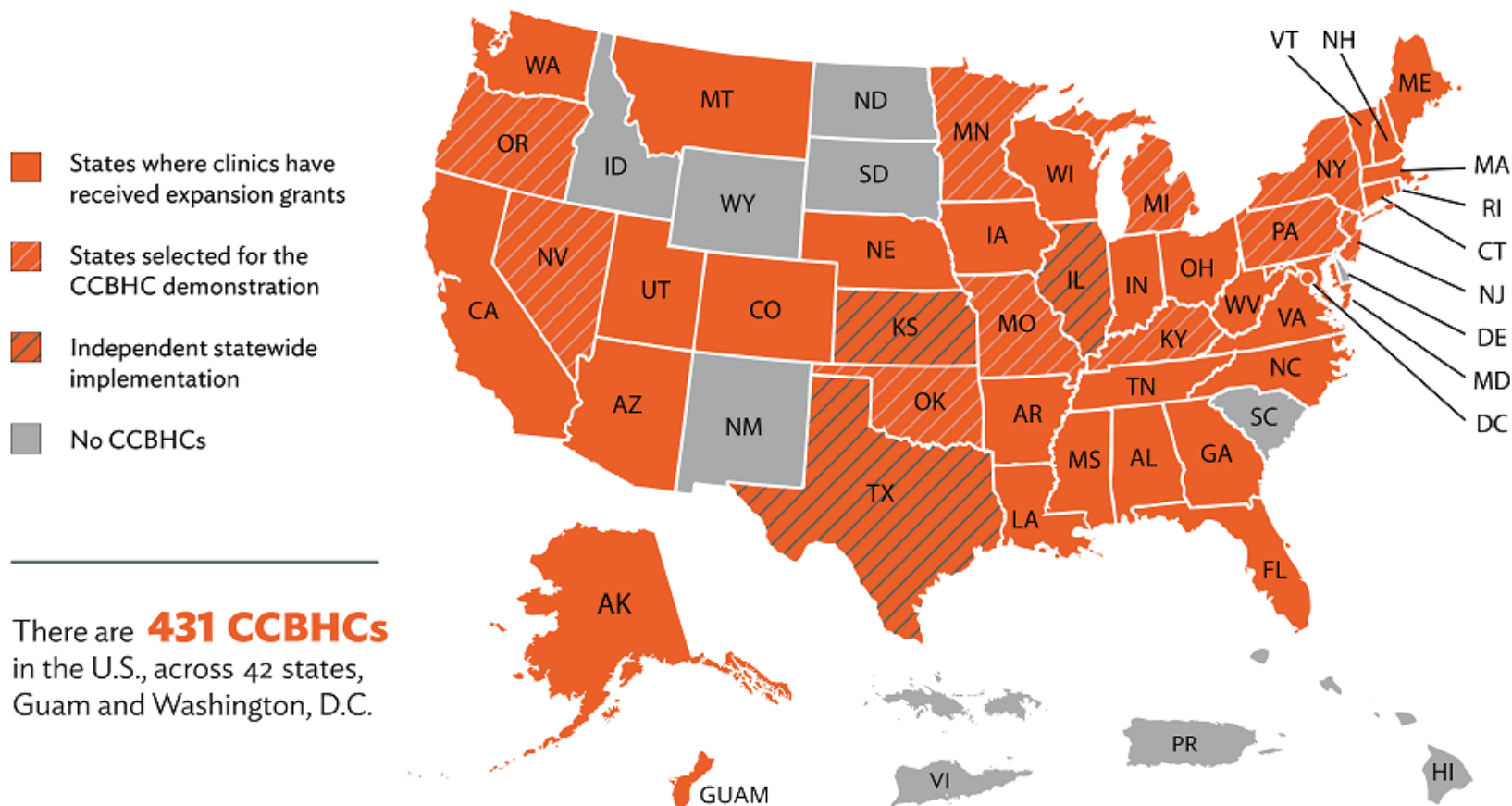
- Workforce expansion
- Access supported by technology
- Increased service capacity
- Increased access to substance use treatment
- Evidence-based, non-billable activities

Incredible Growth in Only 4 Years!



NATIONAL
COUNCIL
for Mental
Wellbeing

Status of Participation in the CCBHC Model

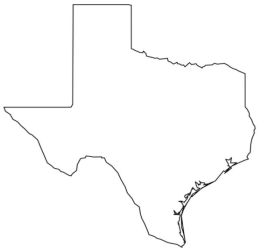


CCBHCs' State Impact Over Time



Missouri – A CCBHC Demonstration state without Medicaid Expansion

- Hospitalizations **dropped 20%**, ED visits **dropped 36%** at 3 years
- Access to BH care **increased 23%**, with 19% increase with veteran services in 3 years
- **In 1 year, 20% decrease** in cholesterol; **1.48-point Hgb A1c decrease**
- Justice involvement with persons with BH needs **decreased 55%** in 1 year



Texas – A grantee state with a plan for CCBHC sustainability

- The CCBHC model in Texas is projected to save **\$10 billion by 2030**
- In 2 years, there were **no wait lists** at any CCBHC clinic
- **40% of clients** treated for cooccurring SUD & SMI needs, only 25% of other clinics



New York – A CCBHC Demonstration state with Medicaid Expansion

- All-cause readmission dropped **55%** after year 1
- BH inpatient services show a **27% decrease** in monthly cost
- BH ED services show a **26% decrease** in monthly cost
- Inpatient health services **decreased 20%** in monthly cost
- ED health services **decreased 30%** in monthly cost
- **24% increase** in BH services for children and youth

NATIONAL
COUNCIL
for Mental
Wellbeing

Care Coordination

- CCBHC coordinates care across the spectrum of health services, including physical and behavioral health and other social services
- CCBHC establishes or maintains electronic health records (EHR)
 - Health IT system is used to conduct population health management, quality improvement, reducing disparities, and for research and outreach

Additional requirements are specified in the CCBHC criteria:

https://www.samhsa.gov/sites/default/files/programs_campaigns/ccbhc-criteria.pdf

NATIONAL
COUNCIL
for Mental
Wellbeing

Care Coordination (cont.)

- Partnerships or care coordination agreements required with:
 - FQHCs/rural health clinics
 - Inpatient psychiatry and detoxification
 - Post-detoxification step-down services
 - Residential programs
 - Other social services providers, including
 - Schools
 - Child welfare agencies
 - Juvenile and criminal justice agencies and facilities
 - Indian Health Service youth regional treatment centers
 - Child placing agencies for therapeutic foster care service
 - Department of Veterans Affairs facilities
 - Inpatient acute care hospitals and hospital outpatient clinics

Additional requirements are specified in the CCBHC criteria:

https://www.samhsa.gov/sites/default/files/programs_campaigns/ccbhc-criteria.pdf

NATIONAL
COUNCIL
for Mental
Wellbeing

Investing in the Workforce

- **5,200+** staff hired at 128 CCBHCs in 4 years
 - Average = 41
 - **Psychiatrists** and **peer support professionals** among most commonly added staff

“CCBHC status has allowed us to court and hire more highly qualified candidates, **because we can now offer more competitive salaries.**”

“Who we employ is equally as important as who we serve. Since April 2017, we’ve hired 38 new staff within our CCBHC services; **88% of whom are from communities of color**—similar percentages to our client populations.”

NATIONAL
COUNCIL
*for Mental
Wellbeing*

CCBHHCs' Successes, 4 Years In

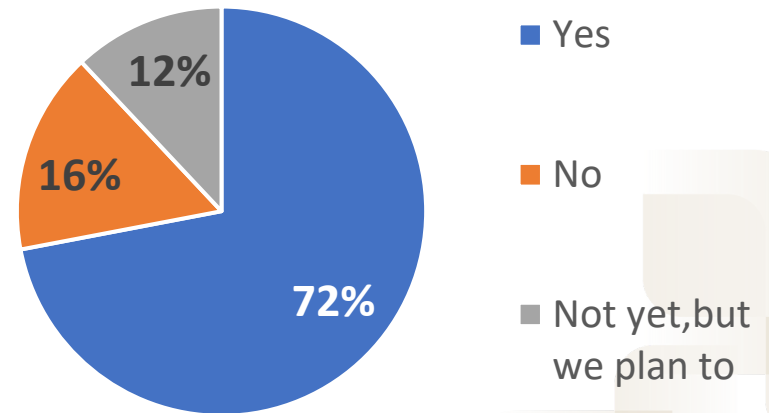
- Increased hiring / recruitment
- Greater staff satisfaction & retention
- Redesigning care teams
- Improved access to care
- Launch of new service lines to meet community need
 - New initiatives designed to reach target populations or address key Medicaid agency goals
- Deploying outreach, chronic health management outside the four walls of the clinic
- Improved partnerships with schools, primary care, law enforcement, hospitals
- Reduction in hospitalizations/ED visits
- Improvements in physical health indicators

NATIONAL
COUNCIL
for Mental
Wellbeing

Meeting Children, Youth and Families Where They Are

- **84%** of CCBHCs provide direct services on site in schools or plan to
- **63%** engage in suicide prevention efforts targeted to children/youth
- **42%** provide Mental Health First Aid training to middle or high school teachers and staff
- **20%** provide Mental Health First Aid training to middle or high school students

CCBHCs Providing Direct Services on Site at Elementary, Middle, and High Schools



NATIONAL
COUNCIL
for Mental
Wellbeing

Spotlight On: Partnerships with Schools

“The closest psych hospital for kids is over an hour away. We have had to send kids up to 4 hours away to find a bed. 41% of admits to the local ED were for children with psychiatric needs. The school-based crisis clinician position was developed to address this need.”



For school year 2018-2019:

- **156 crisis screenings** were conducted
- Of these, **122 children (72%)** were diverted from the ED

94% of CCBHCs have a partnership with local schools, and **72%** deliver direct services in schools.

NATIONAL
COUNCIL
for Mental
Wellbeing

Getting Started in Michigan

The National Council CCBHC team is here to help!

- Advice on SPA/waiver approach for permanency
- Lessons learned from other states and clinics
- Implementation “roadmap” for states and clinics
- Training for current and prospective CCBHCs
- Data, informational materials, and more

CCBHC SUCCESS CENTER

<https://www.thenationalcouncil.org/ccbhc-success-center/>

Email us at: ccbhc@thenationalcouncil.org

NATIONAL
COUNCIL
*for Mental
Wellbeing*