



Empowering People To Succeed



KCMHSAS MENTAL HEALTH SERVICES
HEALTH FOCUSED CAMPUS



Annual Report
Annual Report
Fiscal Year 2014-2015

The last several years have marked an incredible period of service expansion and growth, which I expect to continue for several years to come. In 2013, a partnership was announced between Kalamazoo Valley Community College (KVCC), Bronson Healthcare Group (BHG), and Kalamazoo Community Mental Health and Substance Abuse Services (KCMHSAS) to create the Bronson Healthy Living Campus in downtown Kalamazoo. This campus was built on approximately 14 acres of land donated by the Bronson Healthcare Group. The campus is an urban-based Community Food and Health System cluster that addresses issues of community health, chronic disease management, integrative physical and behavioral health, sustainable foods, nutrition and food safety. The mission of this campus is to connect nutritious food choices to overall quality of health. The campus is a catalyst for urban revitalization, community health and workforce development through sustainable food education, training, production, distribution and preparation. On December 22, 2015, KCMHSAS opened a 14,000 sq. ft. Integrated Health Services Clinic on the Bronson Healthy Living Campus. The funding for the construction of this building was made through local community foundations, private donors, and \$5 million in bonds provided by the County of Kalamazoo.

In 2015, KCMHSAS implemented two multi-year federal Substance Abuse and Mental Health Administration (SAMHSA) grants: System of Care Expansion Grant and Whole Health Initiative. The goal of the System of Care Expansion Grant is to enhance integration across physical and behavioral health care sectors in our community for youth and families. This involves facilitating practice changes that will help primary care doctors to 1) identify children with behavioral health concerns *early* (early assessment); 2) get the child to the right door for exemplary services (referral); and 3) work with us to change “how we do business” in both sectors through the development of infrastructures that allow for sharing of physical and behavioral health data to ensure integrated care. This work requires early engagement, with a focus on identifying youth who are in the early course of developing serious mental illness, as we know youth frequently present to a primary care physician much earlier than the mental health provider.

The primary aim of the Whole Health Initiative Grant is developing coordinated and integrated primary and behavioral health services through the co-location of primary care services at our new Integrated Health Services Clinic. KCMHSAS is redesigning and enhancing services following Patient-Centered Medical Homes principles and standards, assuring coordinated and integrated care through patient centered and team based care. An Integrated Treatment Team has been established with community partners that include CentraCare (PACE), Family Health Center, Bronson Healthcare Group, Borgess Medical Center, and the Western Michigan University Homer Stryker, M.D. School of Medicine. The Integrated Treatment Team members include primary care provided by the Family Health Center and CentraCare, psychiatric services provided by our staff psychiatrists, mid-level practitioners, and nurses, and care coordinators. Care coordinator team members work directly with consumers, their families and medical personnel.

On March 31, 2014, Congress passed the Protecting Access to Medicare Act (H.R. 4302), which included a demonstration program based on the Excellence in Mental Health Act. The Excellence Act will increase Americans’ access to community mental health and substance use treatment services while improving Medicaid reimbursement for these services. When fully implemented, the Excellence Act will infuse over \$1 billion into the behavioral health system, making it the biggest federal investment in mental health and addiction services in generations. It also created criteria for “Certified Community Behavioral Health Clinics” as entities designed to serve individuals with serious mental illnesses and substance use disorders that provide intensive, person-centered, multidisciplinary, evidence-based screening, assessment, diagnostics, treatment, prevention, and wellness services. The Excellence Act will provide funding to states as planning grants to develop applications to participate in the 2-year pilot.

Meet M. Rogers
Poetry Winner



KCMHSAS participated with the Michigan Association of Community Mental Health Boards (MACMHB) in the traveling art show for 2015-2018. *The Poetry Project* is a show-case of poems written by customers of services from each of the community mental health boards within the state.

The poem KCMHSAS will be submitting to the state project is: *An Affirmation* as written by M Rogers. Congratulations!

At the KCMHSAS Annual Mental Health Breakfast the keynote speaker was Kevin Hines. His presentation was titled: *“Living Mentally Well”* and told of his struggle with his mental illness, his attempted suicide and his current recovery journey,



Pictured L to R are:
Jeff Patton, Kevin Hines,
and Julie Helmer

Kalamazoo Community Mental Health and Substance Abuse Services (KCMHSAS) was honored by the group Interfaith Strategy and Advocacy and Action in the Community (ISAAC).



Mental Health Matters

KCMHSAS received the *Ally Award* along with community partners Bronson Healthcare, Borgess Health, and Kalamazoo County Public Housing for efforts on supportive housing for people who are homeless and have serious health issues. The award celebrates the “FUSE” pilot project created by KCMHSAS and partners.

September 17th was the **Wellness and Recovery Fair** at Bronson Park.

This event was sponsored by Southwest Michigan Behavioral Health (SWMBH), Recovery Oriented System of Care (ROSC), KCMHSAS, the Recovery Institute, InterAct of Michigan, along with the Peer Collaborative in our area.



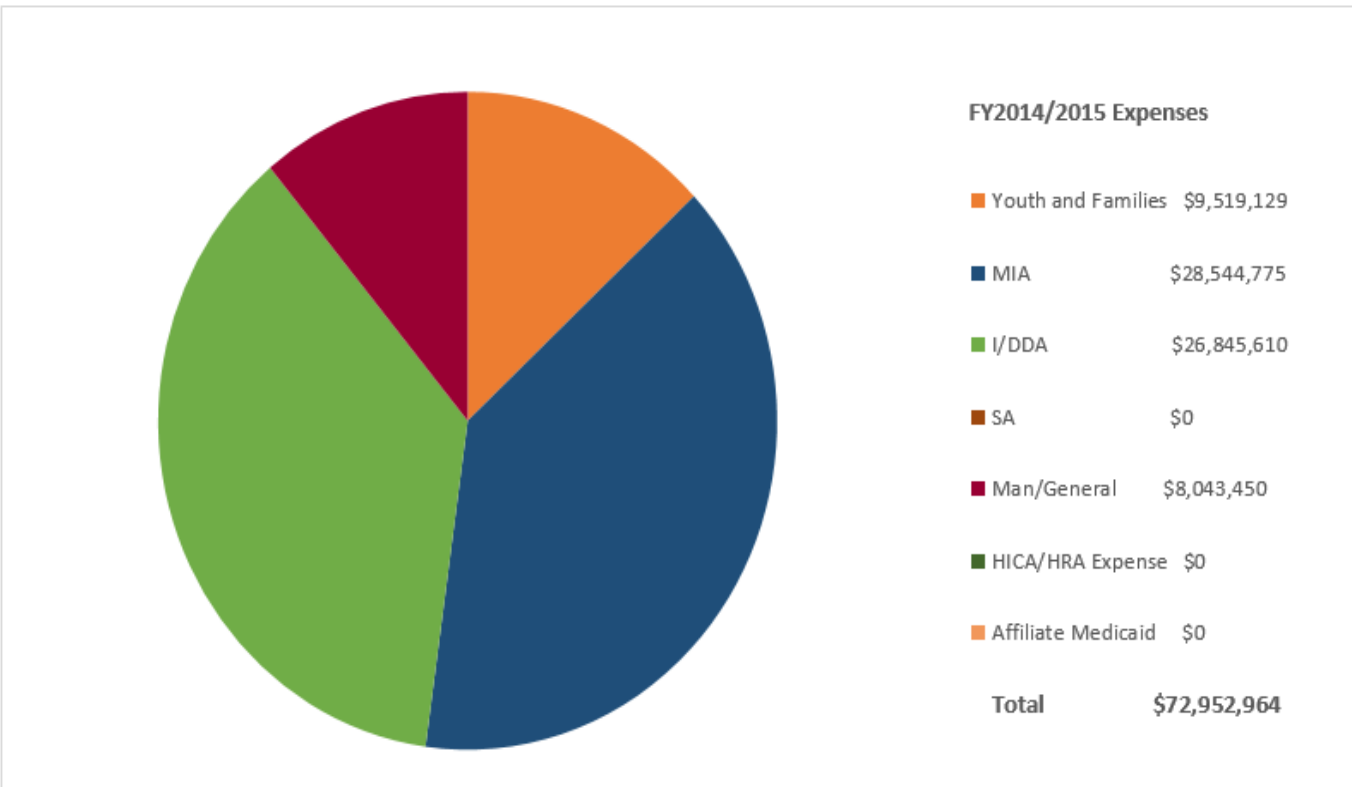
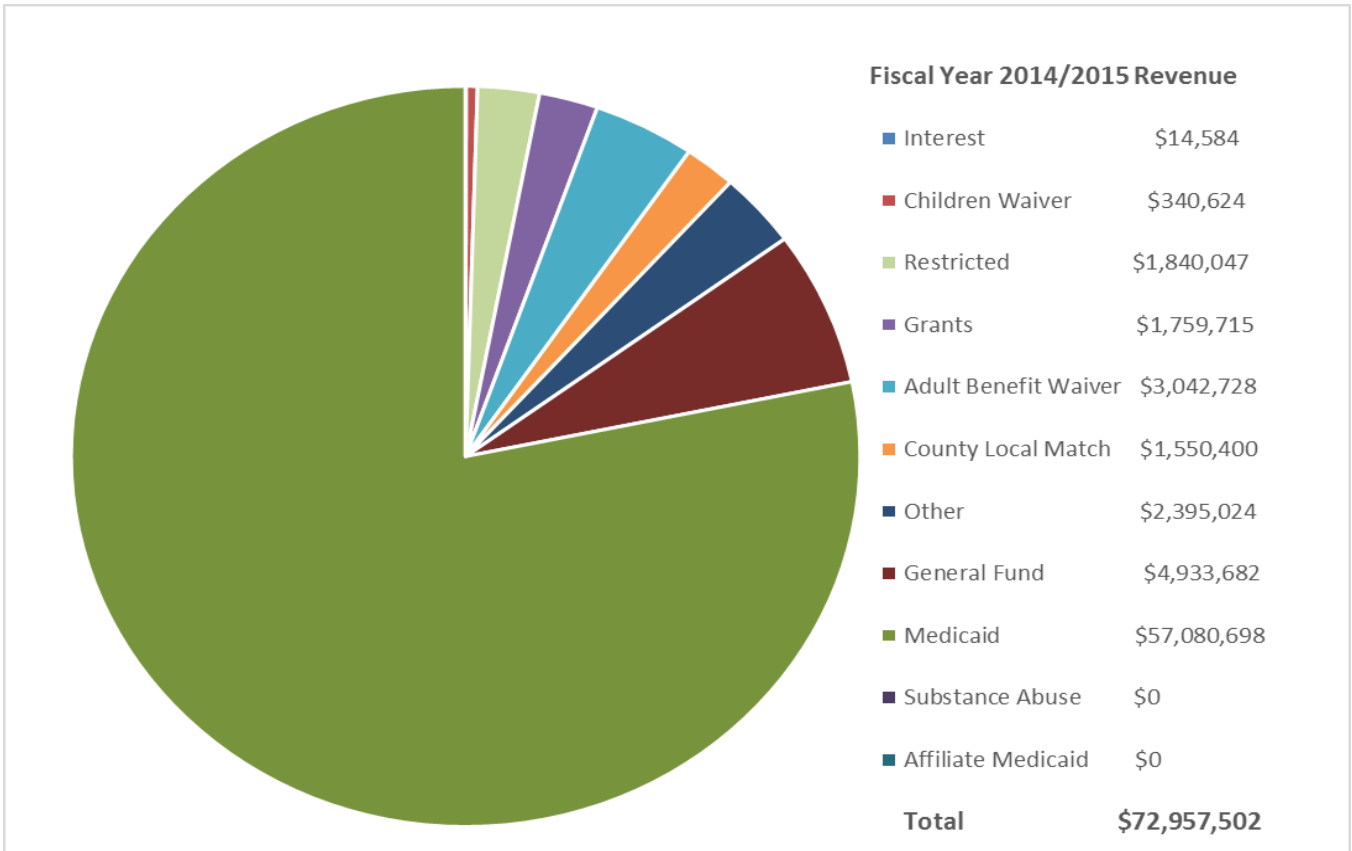
Pictured from L to R are: ISAAC Director: Dr. Charlae Davis, Amy Terry from Bronson, David Anderson of KCMHSAS, Rick Winters from Borgess, and Jeff Patton



Thank you to KCMHSAS staff participants: (L to R) Andrea Huff, Heather Hoffman, Dan Stowe, Rodney Chastine, and Audrey Cesario

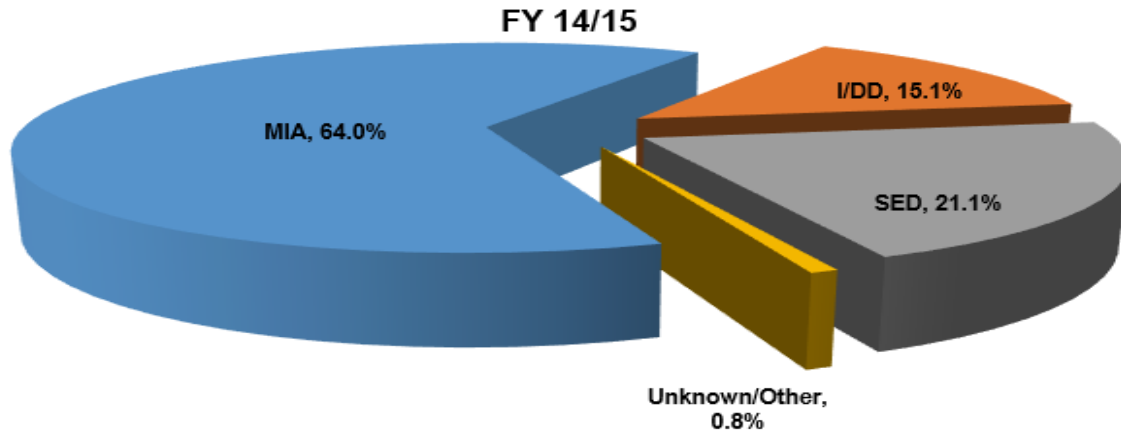


# Classes/ focus		# Attendees/focus	
Adult	9	Adult	165
Youth	8	Youth	105
Total	17 classes	Total	270 participants

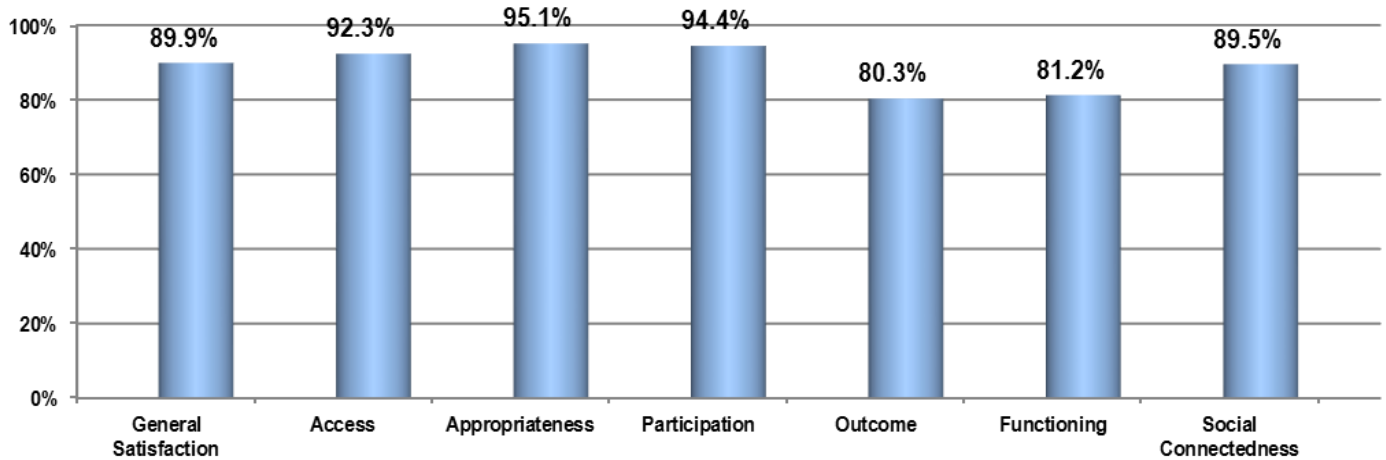


Demographics of Individuals Served

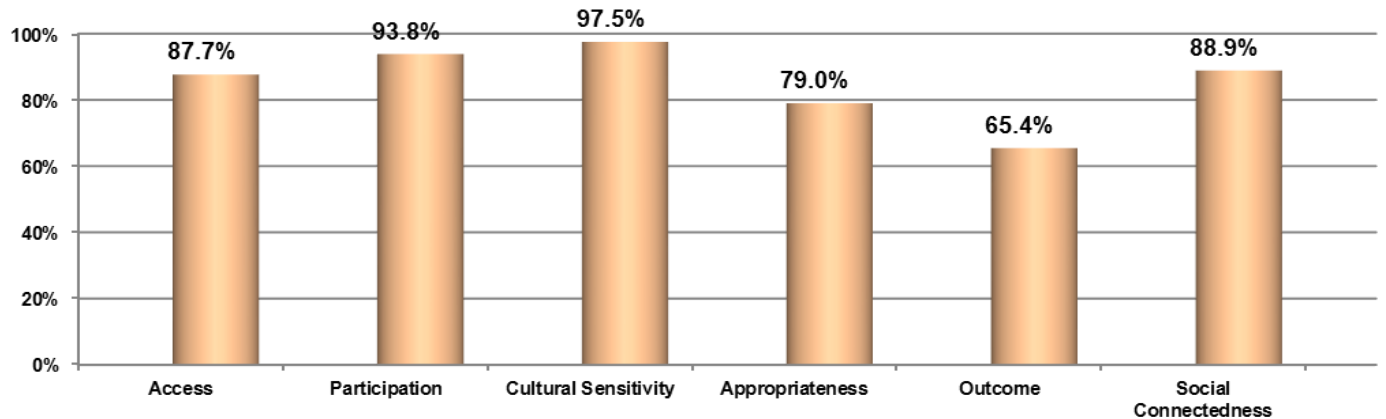
POPULATION	FY 13/14 = 5888		FY 14/15 = 6347	
Adults with Mental Illness (MIA)	3493	59.3%	4061	64.0%
Persons with Intellectual/Developmental Disabilities (I/DD)	888	15.1%	895	15.1%
Children with Serious Emotional Disturbances (SED)	1401	23.8%	1341	21.1%
Unknown/Other	106	1.8%	50	0.8%



Customer Satisfaction (Adult Services)



Customer Satisfaction (Youth Services)





Empowering People To Succeed

Administrative Offices
2030 Portage Street
Kalamazoo, MI 49001
269-553-8000

To Access All Services -or-
for 24/7 Emergency Support
call: 269-373-6000 or
Toll free 1-888-373-6200

Customer Services
Toll free 1-877-553-7160

Find us on the web at:
www.kazoocmh.org

KCMHSAS Board Members:
Patricia Guenther, Chair
Moses Walker, Vice Chair
Larry Provancher, Commissioner
Carolyn Alford
Sharon Spears
Denise Martineau
Erik Krogh
Vicki Carr
Dr. Carol Black
Sister Betty Veenhuis
Ituha Cloud
Robert Green



Programs and Services are CARF accredited

KCMHSAS is a member of Southwest Michigan Behavioral Health (SWMBH). SWMBH serves the counties of Barry, Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph, and Van Buren.

Financial Support provided by the Michigan Department of Community Health

Available Services from Access

- Screening and Assessment for Service Eligibility of the community mental health system
- Information and Referral to Community Resources
- Crisis Intervention and Emergency Services as necessary

Our Access Center staff will speak with you about your situation and connect you with the services and community resources that may be helpful in meeting your needs.

Supports and Services Available through KCMHSAS

- Supports Coordination/Case Management
- Individual and Group Therapies
- Family Education and Support
- Peer-Delivered Supports and Services
- Co-Occurring Services
- Enhanced/Supportive Healthcare Services
- Home-Based Services
- Psychiatry
- Supported Employment
- Community Living Supports
- Skill Building Assistance
- Respite Care
- Wraparound
- Recovery Court and Juvenile Justice

Kalamazoo Community Mental Health and Substance Abuse Services

MISSION

We promote and provide mental health, developmental disability and substance abuse resources that empower people to succeed.

VISION

We provide a welcoming and diverse community partnership which collaborates and shares effective resources that support individuals and families to be successful through all phases of life.

GUIDING VALUES

- Community
- Effectiveness
- Recovery and Self-Determination
- Responsibility
- Competence
- Integrity
- Teamwork
- Diversity
- Leadership
- Respect
- Trust