

KALAMAZOO COMMUNITY MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES

ADMINISTRATIVE POLICY & PROCEDURE 31.01

Subject: Clinical Practice Guidelines	Section: Clinical Practices	
Applies To: <input checked="" type="checkbox"/> KCMHSAS Staff <input checked="" type="checkbox"/> KCMHSAS Contract Providers		Page: 1 of 4
Approved: ----- (Jeff Patton, Chief Executive Officer)		
Revised: 01/17/2018	Supersedes: 07/20/2015	First Effective: 04/13/2004

PURPOSE

To outline the basic principles and process for developing, adopting, implementing, monitoring and evaluating evidence based and practice guidelines in order to ensure the highest quality of care for individuals.

DEFINITIONS

Practice Guidelines

Practice Guidelines are systematically developed statements that are based on current evidence-based literature published in the field or are guidelines that are contractually required. They are updated as necessary and contain professional knowledge that promotes sound clinical practice and assist practitioners, individuals and families to make decisions about appropriate treatment and services.

POLICY

- I. The establishment of practice guidelines will be based on principles that:
 - A. Affirm the values of community inclusion, integration, participation and accommodation.
 - B. Include community-accepted standards of practice for professional disciplines that are based on valid and reliable clinical evidence or consensus of mental health care professionals.
 - C. Adhere to the Michigan Department of Health and Human Services (MDHHS)

Mental Health Code (MHC), administrative rules, MDHHS contract, Medicaid Provider Manual, etc.

- D. Promote activities that support and are consistent with the mission and values of the KCMHSAS.
 - E. Are consistent with applicable accreditation standards.
 - F. Support individual needs, choice, and decision-making.
- II.** Also, practice guidelines are to be:
- A. Valid and reliable.
 - B. Relevant to the individual population.
 - C. Reviewed and updated periodically to ensure that they continue to reflect the most current evidence based practices and contractual compliance.
 - D. Disseminated and available to individuals and providers.
 - E. Consistently implemented and monitored.
- III.** The established practice guidelines are to provide an overview and guide for the delivery of services. They are not intended to be exhaustive or to supplant other general standards of clinical practice.

PROCEDURE

KCMHSAS will adopt the practice guidelines as written from the following sources, unless otherwise stated:

- I.** The MDHHS issued practice guidelines as per MDHHS contract with PIHP's and CMHSP's
- II.** The MDHHS Issued Technical Assistance Guidelines will be used for SUD services
- III.** Practice guidelines and/or clinical protocols developed and approved by the Southwest Michigan Behavioral Health.
- IV.** Substance Abuse and Mental Health Services Administration (SAMHSA) National Registry of Evidence Based Programs and Practices
- V.** Other Practice Guidelines adopted by KCMHSAS (see exhibit A)

REFERENCES

- MDHHS Contracts
 - [MDHHS Concurrent 1915 \(b\)/\(c\) Waiver Program Contract](#), and as amended
 - [MDHHS/CMHSP Managed Specialty Supports and Services Contract](#), and as amended
 - MDHHS: [Medicaid Provider Manual](#): Mental Health/Substance Abuse

- Regulatory
 - [Code of Federal Regulations](#), 42 CFR 438.236(a-d)
 - MDHHS/KCMHSAS-PIHP Medicaid Specialty Supports Contract, Attachment P.6.7.1.1
 - [Centers of Medicare and Medicaid Services \(CMS\)](#), Technical Advisory that Case Managers and Supports Coordinators cannot provide Utilization Management and Care Management functions, April 2009
 - Institute of Medicine (IOM), Clinical Practice: Guidelines We Can Trust. A guideline developer's handbook (Publication No. 50). Published February 2001; Last updated [March 2011](#)

- [Southwest Michigan Behavioral Health](#)
 - Clinical Practice policies

- MDHHS Issued Practice Guidelines ([Medicaid Managed Specialty Supports and Services Concurrent 1915\(b\)/\(c\) Waiver Program](#))
 - County of Financial Responsibility (COFR)
 - Access System Standards
 - Technical Requirement for Behavior Treatment Plan Review Committee
 - Person-Centered Planning
 - Self Determination Practice and Fiscal Intermediary Guideline
 - Recovery Policy and Practice Advisory
 - Technical Requirement for SED Children ([MDHHS/CMHSP Managed Mental Health Supports and Services Contract: Attachment C 4.7.2](#))
 - Inclusion Practice Guideline
 - Housing Practice Guideline
 - Consumerism Practice Guideline
 - Personal Care in Non-Specialized Residential Practice Guideline
 - Jail Diversion Practice Guideline
 - School to Community Transition Practice Guideline
 - Family-Driven and Youth Guided Policy and Practice Guideline
 - Employment Works! Policy
 - CMHSP Trauma Policy

- [MDHHS ROSC Issued Policies](#)
 - Acupuncture
 - Access Management System
 - Buprenorphine

- ~ Communicable Disease
 - Criteria for Using Methadone for Medication-Assisted Treatment and Recovery
 - Fetal Alcohol Syndrome Disorders
 - Individualized Treatment and Recovery Planning
 - Off-Site Dosing Requirements for Medication Assisted Treatment
 - Outpatient Treatment Continuum of Service
 - Residential Treatment Continuum of Services
 - Substance Abuse Case Management Program Requirements
 - Synar
 - Women's Treatment Services
- [MDHHS ROSC Issued Technical Advisories](#)
- Advisory Council
 - Counseling Requirement for Clients Receiving Methadone Treatment
 - Early Intervention
 - Enhanced Women's Services
 - Medications Assisted Treatment Guidelines for Opioid Use Disorders
 - Peer Recovery Support Services
 - Recovery Housing
 - Welcoming
- Substance Abuse and Mental Health Services Administration National Registry of Evidence Based Programs and Practices (<https://www.samhsa.gov/nrepp>)

EXHIBIT

- A. KCMHSAS Issued Clinical Protocols
- B. [KCMHSAS Policy 42.01 \(Kalamazoo Wraps System of Care\)](#)